

Client Consent & Waiver Form

(Infrared Sauna & Spray Tanning Sessions)

Business Name:	_____
Client Name:	_____
Date of Birth:	_____
Phone/Email:	_____
Date:	_____

1. Health & Safety Disclosure

- I have disclosed any relevant medical conditions, including but not limited to: heart conditions, high/low blood pressure, circulatory problems, respiratory issues, skin conditions, allergies, pregnancy, or any other medical concerns.
- I understand that infrared sauna sessions involve exposure to heat which may cause dizziness, dehydration, or overheating if used incorrectly.
- I understand that spray tanning involves cosmetic solutions applied to the skin, and while generally safe, reactions or sensitivities may occur.

2. Acknowledgement of Risks

- I am using these services voluntarily and at my own risk.
- Results from spray tanning may vary depending on my skin type, aftercare, and lifestyle.
- I am responsible for following all aftercare instructions provided.
- The business owner/operator is not liable for any adverse reactions, accidents, or health outcomes that may occur during or after sessions.

3. Client Responsibilities

- Stay hydrated and leave the sauna immediately if I feel unwell.
- Not attend a sauna session under the influence of alcohol or recreational drugs.
- Follow pre- and post-care instructions for spray tanning (e.g., exfoliation, avoiding certain products).
- Wear appropriate clothing/undergarments during tanning as directed.

4. Liability Waiver

- I release and discharge the business owner/operator from all liability, claims, demands, or causes of action that may arise from my participation in sauna sessions or spray tanning services, except where prohibited by law.

5. Consent

- I have read and understood this waiver.
- I am 18 years of age or older (or have parental/guardian consent).
- I consent to receiving the services described.

Client Signature: _____ Date: _____

Parent/Guardian Signature (if under 18): _____ Date: _____